#### CURRICULUM VITAE

# Trishnee Bhurosy, M.Sc., Ph.D., CHES® Assistant Professor of Nutrition

Email: trishnee.bhurosy@uvm.edu | Google Scholar Website

I am a behavioral scientist with a research focus on improving food and nutrition security for vulnerable communities. Much of my research studies the effectiveness of strategies that can be integrated into behavioral interventions to improve nutrition and address health disparities through community engagement and the use of technology. Before being in the United States, I worked as a community outreach worker in my home country of Mauritius to improve access to local fruits and vegetables among individuals at risk for food insecurity and taught nutrition classes at the University of Mauritius.

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|---|-----------|
| LANGUAGES SPOKEN FLUENTLY   |           |
| Mauritian Creole (Native), English, French & Hindi  |           |
|   |           |
| EDUCATION   |           |
| Indiana University School of Public Health-Bloomington Ph.D.  | 2019      |
| Major: Health Behavior, Minor: Nutritional Epidemiology Thesis: Effectiveness of a mobile goal-setting intervention on consumption of red/orar vegetables among adolescents and emerging adults Advisor: Dr. Susan E. Middlestadt | nge       |
| University of Mauritius, Réduit, Mauritius<br>M.Sc. Nutritional Sciences  | 2013      |
| University of Mauritius, Réduit, Mauritius<br>B.Sc. (Hons) Nutritional Sciences   | 2012      |
| POSTGRADUATE TRAINING and FELLOWSHIP  |           |
| Rutgers Cancer Institute of New Jersey  | 2020-2021 |
| Research Associate II, Section of Behavioral Sciences   |           |
| Rutgers Cancer Institute of New Jersey Postdoctoral Fellow, Division of Population Science  | 2019-2020 |
| ACADEMIC APPOINTMENTS   |           |
| University of Vermont   |           |
| Assistant Professor, Department of Nutrition and Food Sciences  | 2023-     |
| Associate Member, University of Vermont Cancer Center   | 2023-     |
| Hofstra University Assistant Professor, Department of Population Health   | 2021-2023 |
| University of Mauritius   | 2014-2015 |

Part-Time Lecturer, Faculty of Science

| January 2  | ?024        |
|--|-------------|
| RESEARCH FUNDING & GRANT SUPPORT Extramural Funding  |             |
| 1) Geographic Management of Cancer Health Disparities Program (GMaP) Research Stimulus   |             |
| Award (\$1000)  Role: Principal Investigator  Geospatial relationship between access to grocery stores and cancer incidence across Long Island (Funded)  | 0 <b>23</b> |
| 2) NCI Pathway to Independence Award for Outstanding Early-Stage Postdoctoral Researchers (K99/R00 – Independent Clinical Trial Required), (\$ 1,012,811), Score: 35  Role: Principal Investigator; No resubmission due to accepting a tenure-track position A nutrition intervention for underserved lung cancer patients: Eating to Thrive (EAT) | 021         |
| 3) Geographic Management of Cancer Health Disparities Program (GMaP) Research Stimulus Award (\$1500)  |             |
| Role: Principal Investigator  Colorectal cancer survivors' knowledge, beliefs and practices towards using iron supplementation (Funded)  | 021         |
| 4) New Jersey Commission on Cancer Research-Postdoctoral Research Award (\$100 000) 2020-20 Role: Principal Investigator Colorectal cancer survivors' knowledge, beliefs and practices towards using iron supplementation  |             |
| (Funded)   |             |
| 5) Women & Hi-Tech Graduate Scholarship Winner (\$2,500)  Role: Principal Investigator   | 017         |
| Effectiveness of a mobile goal-setting intervention on consumption of red/orange vegetables amo adolescents and emerging adults (Funded)   | ong         |
| Intramural Funding  1) Office of the Vice President for Research (OVPR) Early Extra Promotion of Research &  |             |
|  | 023         |
| Role: Principal Investigator   | )22         |
| Development of a Healthy Snack Initiative to Address Food Insecurity on Campus (Not funded)  |             |
| Role: Principal Investigator   | 022         |
| Addressing Food Insecurity Across Hofstra University Campus (Funded)   |             |

5) Indiana CTSI Trailblazer Award (\$25,000) Role: Grant Consultant

4) Hofstra University Cultural Center (\$1,300) **Role: Co-Investigator and Co-Planner** What is Population Health and Why Does It Matter? (Funded)

2019

2022

Sexual health equity for school-aged youth with special needs (Funded)

## 6) Indiana University Grant-in-Aid of Doctoral Research Award (\$850)

2018

## Role: Principal Investigator

Effectiveness of a mobile goal-setting intervention on consumption of red/orange vegetables among adolescents and emerging adults (Funded)

## 7) Indiana University School of Public Health Student Research Grant Award (\$500)

2016

## Role: Principal Investigator

Salient beliefs underlying consumption of two under-consumed subgroups of vegetables among women in Southern Indiana (Funded)

#### **HONORS & AWARDS**

Monica Baskin Diversity Institute for Emerging Leaders

2020-2021

Martin Luther King Building Bridges Award

2019

Santosh Jain Endowed Memorial Scholarship (\$5,000)

2018

IU Graduate and Professional Student Government Travel Grant Award (\$500)

IU School of Public Health Travel Award (\$250)

J. K. Rash Fellowship (\$500)

Joyce F. Arthur Fellowship (\$1500)

Namaste Health Behavior Doctoral Fellowship (\$350)

## Ruth Mary Griswold (\$1,350)

2017

Namaste Health Behavior Doctoral Fellowship (\$400)

IU Office of International Services Aid Award (\$500)

School of Public Health Student Travel Grant Award (\$250)

2016

School of Public Health Student Travel Grant Award (\$500)

IU Office of International Services Aid Award (\$500)

## PEER-REVIEWED PUBLICATIONS [\*Corresponding author, †mentee/advisee]

- 1. †Idehai, V. O., †Mbaya, P., Chung, T., \*Bhurosy, T. (2024). A systematic review of factors associated with student use of campus food pantries: Implications for addressing barriers and facilitating use. *BMC Public Health*. DOI: <a href="https://doi.org/10.1186/s12889-023-17583-7">https://doi.org/10.1186/s12889-023-17583-7</a>.
- 2. \*Bhurosy, T., Rasul, R., Chung, T., McPartland, D., Sepulveda, I., Plotecher, M., Hackett, M., Fragleasso, J., & Kyriacou, C. (2024). Using a Healthy Snacks Program on a Campus with Limited Food Access: Implications for Implementing a Sustainable Safety Net Program. [Under Review].
- 3. \*Bhurosy, T., Ibraheem, M. K., Thiagarajah, K., & Chung, T. (2024). Using spatial analysis to examine the clustering of fast-food restaurants and convenience stores around primary schools in Mauritius. [Under Review].
- 4. **†**Kamareddine, S., & **\*Bhurosy, T.** (2024). An assessment of nutrition and physical activity guidelines for patients with chronic constipation: A systematic review. [Under Review].

- 5. †Suthar, H., Thiagarajah, K., Karaye, I., Zayra, L., & \*Bhurosy, T. (2023). Measuring the reliability of a frequency method for assessing vegetable intake using photos: A smartphone approach. *American College of Public Health*. DOI: <a href="https://doi.org/10.1080/07448481.2023.2266034">https://doi.org/10.1080/07448481.2023.2266034</a>.
- \*Lopez-Ixta, Z. T., Bhurosy, T., Fierro, V. S. G., & Guerra-Reyes, L. (2023). Mexican parents' beliefs about drinking plain water in front of their preschoolers. *Ecology of Food and Nutrition*, 62(5-6), 254-268. DOI: <a href="https://doi.org/10.1080/03670244.2023.2258793">https://doi.org/10.1080/03670244.2023.2258793</a>.
- 7. **\*Bhurosy, T., †**Marium, A., Ibraheem, M. K., & Chung, T. (2023). Where there are fumes, there may be lung cancer: A systematic review on the association between exposure to cooking fumes and the risk of lung cancer in never-smokers. *Cancer Causes & Control*, 34(6), 509-520. DOI: <a href="https://doi.org/10.1007/s10552-023-01686-y">https://doi.org/10.1007/s10552-023-01686-y</a>.
- 8. \*Bhurosy, T., †Jishan, A., Boland, P. M., Lee, Y-H., & Heckman, C. J. (2022). Underdiagnosis of iron deficiency anemia among patients with colorectal cancer: an examination of electronic medical records. *BMC Cancer*, 22, 435. DOI: <a href="https://doi.org/10.1186/s12885-022-09542-z">https://doi.org/10.1186/s12885-022-09542-z</a>.
- 9. **Bhurosy, T.,** Manderski, M. B., Gonsalves, N., Delnevo, C. D., Steinberg, M. B., & \*Heckman, C. J. (2022). Perceived effectiveness of cancer screening among family medicine and internal medicine physicians in the United States. *Preventive Medicine Reports, 28*, 101842. DOI: <a href="https://doi.org/10.1016/j.pmedr.2022.101842">https://doi.org/10.1016/j.pmedr.2022.101842</a>.
- 10. †Farhadi, K., Rojanaworarit, C., **Bhurosy, T.,** Olokunlade, O., \*Karaye, I. M. (2022). Trends in lip, oral cavity, and pharyngeal cancer mortality in the United States, 1999-2019. *Journal of Oral Pathology and Medicine, 51*(9), 763-770. DOI: <a href="https://doi.org/10.1111/jop.13345">https://doi.org/10.1111/jop.13345</a>.
- 11. \*Niu, Z., **Bhurosy, T.,** & Heckman, C.J. (2022). Digital interventions for promoting sun protection and skin self-examination behaviors: A systematic review. *Preventive Medicine Reports,* 26, 101709. DOI: <a href="https://doi.org/10.1016/j.pmedr.2022.101709">https://doi.org/10.1016/j.pmedr.2022.101709</a>.
- 12. \*Lee, Y-H, **Bhurosy, T.,** Chang, Y-C., Liu, C-T., & Shelley, M.C. (2022). Associations of alcohol consumption and dietary behaviors with severe cognitive impairment among Chinese older men and women. *Journal of Substance Abuse, 28*(2), 235-242. DOI: <a href="https://doi.org/10.1080/14659891.2021.2022224">https://doi.org/10.1080/14659891.2021.2022224</a>.
- 13. \*Karaye, M. I., Ismaeel, Y., **Bhurosy, T.,** & Horney, J. A. (2022). Assessing the flood vulnerability of opioid treatment facilities in Houston, Texas: A case study of hurricane Harvey. *Environmental Justice*. DOI: <a href="https://doi.org/10.1089/env.2022.0014">https://doi.org/10.1089/env.2022.0014</a>.
- 14. \*Niu, Z., **Bhurosy, T.,** & Heckman, C. (2021). Cancer survivors' emotional well-being: Roles of the Internet Information seeking, patient-centered communication, and social support. *Journal of Health Communication*, 26(7), 514-522. DOI: <a href="https://doi.org/10.1080/10810730.2021.1966685">https://doi.org/10.1080/10810730.2021.1966685</a>.
- 15. \*Heckman, C., Lin, Y., Riley, M., Wang, Y., **Bhurosy, T.,** Mitarotondo, A., Xu, B., & Stapleton, J. (2021). Association between state indoor tanning legislation and Google search trends data in the United States from 2006 to 2019: Time-series analysis. *JMIR Dermatology, 4*(1), e29516. DOI: <a href="https://doi.org/10.2196/29516">https://doi.org/10.2196/29516</a>.

- 16. \*Heckman, C. J., Manne, S. L., Kashy, D. A., **Bhurosy, T.,** Ritterband, L., & Coups, E. J. (2021). Correlates of sun protection behaviors among melanoma survivors. *BMC Public Health,* 21, 882. DOI: <a href="https://doi.org/10.1186/s12889-021-10951-1">https://doi.org/10.1186/s12889-021-10951-1</a>.
- 17. \*Heckman, C. J., Riley, M., Khavjou, O., Ohman-Strickland, P., Manne, S. L., Yaroch, A. L., **Bhurosy, T.,** Coups, E. J., & Glanz, K. (2021). Cost, reach, and representativeness of recruitment efforts for an online skin cancer risk reduction intervention trial for young adults. *Translational Behavioral Medicine*, 11(10), 1875-1884. DOI: <a href="https://doi.org/10.1093/tbm/ibab047">https://doi.org/10.1093/tbm/ibab047</a>.
- 18. \*Bhurosy, T., Middlestadt, S. E., Lin, H-C., Thiagarajah, K., & Fly, A. (2020). Is counting enough? A randomized mHealth trial to improve vegetable consumption. *Journal of Nutrition Education and Behavior*, 52(12), 1111-1119. DOI: <a href="https://doi.org/10.1016/j.jneb.2020.08.009">https://doi.org/10.1016/j.jneb.2020.08.009</a>.
- 19. **\*Bhurosy, T.,** Niu, Z., & Heckman, C. J. (2020). ASO Author Reflections: Is breastfeeding still possible after breast cancer treatment? *Annals of Surgical Oncology, 28,* 3736-3737. DOI: <a href="https://doi.org/10.1245/s10434-020-09148-4">https://doi.org/10.1245/s10434-020-09148-4</a>.
- 20. **\*Bhurosy, T.,** Niu, Z., & Heckman, C. J. (2020). They can breastfeed: A systematic review on the feasibility and challenges of breastfeeding among breast cancer survivors of reproductive age. *Annals of Surgical Oncology, 28*, 3723-3735. DOI: <a href="https://doi.org/10.1245/s10434-020-09094-1">https://doi.org/10.1245/s10434-020-09094-1</a>.
- 21. \*Bhurosy, T., Heckman, C. J., & Riley, M. (2020). Prevalence and correlates of skin self-examination behaviors among melanoma survivors: a systematic review. *Translational Behavioral Medicine*, 10(5), 1120-1133. DOI: <a href="https://doi.org/10.1093/tbm/ibaa003">https://doi.org/10.1093/tbm/ibaa003</a>.
- 22. \*Niu, Z., **Bhurosy, T.,** Jeong, D. C., Coups, E. J., Heckman, C. J., & Stapleton, J. L. (2020). Associations of social media use, patient-centered communication, and knowledge with perceived human papillomavirus vaccine effectiveness. *American Journal of Health Behaviors*, 44(5), 642-651. DOI: https://doi.org/10.5993/AJHB.44.5.8.
- 23. **Bhurosy, T.,** & \*Thiagarajah, K. (2019). Are eating habits associated with adequate sleep among high school students? *Journal of School Health*, 90(2), 81-87. DOI: <a href="https://doi.org/10.1111/josh.12852">https://doi.org/10.1111/josh.12852</a>.
- 24. \*Ramos, W. D, Anderson, A. R., Middlestadt, S. E., & **Bhurosy, T.** (2019). An examination of an outdoor pool's contributions to well-being: predicting different dimensions of well-being from the use of an outdoor pool. *Annals of Leisure Research*, 24(3), 414-429 DOI: <a href="https://doi.org/10.1080/11745398.2019.1663224">https://doi.org/10.1080/11745398.2019.1663224</a>.
- 25. **Bhurosy, T.,** & \*Jeewon, R. (2016). Changes in eating habits and food traditions of Indo-Mauritians. *Indian Journal of Traditional Knowledge*, 15(3), 355-362. Link: <a href="https://nopr.niscpr.res.in/bitstream/123456789/34270/1/IJTK%2015(3)%20355-362.pdf">https://nopr.niscpr.res.in/bitstream/123456789/34270/1/IJTK%2015(3)%20355-362.pdf</a>.
- 26. **Bhurosy, T.,** & \*Jeewon, R. (2014). Overweight and obesity epidemic in developing countries: a problem with diet, physical activity, or socioeconomic status? *The Scientific World Journal*, 2014, 964236. DOI: https://doi.org/10.1155/2014/964236.

- 27. **Bhurosy, T.,** & \*Jeewon, R. (2013). Food habits, socioeconomic status and body mass index among premenopausal and post-menopausal women in Mauritius. *Journal of Human Nutrition and Dietetics*, 26(S1): 114–122. DOI: <a href="https://doi.org/10.1111/jhn.12100">https://doi.org/10.1111/jhn.12100</a>.
- 28. **Bhurosy, T.,** & \*Jeewon, R. (2013). Effectiveness of a theory-driven nutrition educational program in calcium intake among older adults. *The Scientific World Journal*, 1-6. DOI: <a href="https://doi.org/10.1155/2013/750128">https://doi.org/10.1155/2013/750128</a>.
- 29. **Bhurosy, T.,** & \*Jeewon, R. (2013). Pitfalls of using body mass index (BMI) in assessment of obesity risk. *Current Research in Nutrition and Food Science*, 1(1), 71-76. DOI: <a href="https://dx.doi.org/10.12944/CRNFSJ.1.1.07">https://dx.doi.org/10.12944/CRNFSJ.1.1.07</a>.

## Published Peer-Reviewed Abstracts [\*Corresponding author, †mentee]

- 1. †Suthar, H., Thiagarajah, K., Karaye, I., Zayra, L., & \*Bhurosy, T. (2022). Measuring the reliability of a frequency method for assessing vegetable intake using photos: A smart phone approach. *Journal of Nutrition Education and Behavior*, 54(7), S10. DOI: 10.1016/j.jneb.2022.04.026.
- 2. †Lopez-Ixta, Z. T., & \*Bhurosy, T. (2022). An exploratory salient belief elicitation of modeling plain drinking water among working parents in Guadalajara, Mexico. *Annals of Behavioral Medicine*, 56(S1), S45.
- 3. \*Bhurosy, T., †Jishan, A., Boland, P., Lee, Y-H., & Heckman, C. (2022). Diagnosis and management of iron deficiency among colorectal cancer patients. *Annals of Behavioral Medicine*, 56(S1), S158.
- 4. Niu, Z., **Bhurosy, T.,** Stapleton, J.L., & Heckman, C. J. (2022). Digital educational strategies to teach skin self-examination among individuals at risk for skin cancer. *Annals of Behavioral Medicine*, 56(S1), S160.
- 5. \*Bhurosy, T., Middlestadt, S. E., Lin, H-C., Thiagarajah, K., & Fly, A. D. (2020). Counting and receiving goal-setting instructions: effectiveness in improving vegetable intake among college students. *Annals of Behavioral Medicine*, 54(Suppl 1), S343.
- 6. Zhaomeng, N., **Bhurosy, T.,** Manne, S. L., Kashy, D. A., Heckman, C., Ritterband, L. M., & Coups, E. J. (2020). Correlates of skin self-examination and sun protection behaviors among melanoma survivors. *Annals of Behavioral Medicine*, *54*(Suppl 1), S79.
- 7. \*Bhurosy, T., Middlestadt, S. E., Thiagarajah, K., Fly, A. D., Lin, H-C., & He, K. (2018). Normal weight participants eat more dark green vegetables than overweight ones in a sample of women aged 35 to 65 in a Midwestern town. *Current Developments in Nutrition*, P23-007.
- 8. \*Bhurosy, T., Middlestadt, S. E., Thiagarajah, K., Fly, A. D., Lin, H-C., & He, K. (2018). Salient beliefs underlying two underconsumed vegetable subgro-ups in a sample of middle-aged women in a Midwestern town. *Current Developments in Nutrition*, P18-008.

9. **Bhurosy, T.,** Thiagarajah, K., & Sang, W. (2016). Effectiveness of the National School Lunch Program on fruit and vegetable intake among high school students. *Journal of Nutrition Education and Behavior*, 48(7), S14-S15.

## **Peer-Reviewed Book Chapters**

- 1. Thiagarajah, K. & \*Bhurosy, T. (2020). Fenugreek. In Academy of Nutrition and Dietetics (Ed.), *Health Professionals Guide to Dietary Supplements*. Academy of Nutrition and Dietetics. [In Press]
- 2. \*Bhurosy, T. (2020). Peppermint Oil. In Academy of Nutrition and Dietetics (Ed.), *Health Professionals Guide to Dietary Supplements*. Academy of Nutrition and Dietetics. [In Press]
- 3. \*Bhurosy, T., Dunneram, Y. & Jeewon, R. (2014). Dietary aspects, weight issues, bone health at, and post-menopause. *Advances in Medicine & Biology*, 81, Nova Science Publishers.

## PEER-REVIEWED PAPERS PRESENTED AT CONFERENCES [\*Corresponding author, †mentee]

#### **Oral Presentations**

- 1. †Suthar, H., Thiagarajah, K., Karaye, I., †Zayra, L., & \*Bhurosy, T. (2022). Measuring the reliability of a frequency method for assessing vegetable intake using photos: A smart phone approach. Society for Nutrition Education and Behavior Annual Meeting. Atlanta, Georgia.
- 2. \*Bhurosy, T., Lin, H-S. & Middlestadt, S. E. (2020). Mediation effects of eating red/orange vegetables on perceived behavioral control. Cancer Prevention and Control Retreat (Virtual). Rutgers Cancer Institute of New Jersey, New Brunswick, New Jersey.
- 3. \*Bhurosy, T., Niu, Z & Heckman, C. (2020). She can breastfeed: a systematic review on the feasibility and challenges of breastfeeding among breast cancer survivors. Korean-American Women in Science and Engineering, Montclair State University, Monclair, New Jersey.
- 4. \*Bhurosy, T., & Thiagarajah, K. (2016). Better eating habits increase the likelihood of adequate sleep among high school students. American Public Health Association Annual Conference, Denver, USA.
- 5. \*Bhurosy, T. (2013). Effectiveness of a theory-driven nutrition educational program in improving calcium intake among older adults. Paper presented at the Research Week 2013, University of Mauritius, Réduit, Mauritius.

#### **Poster Presentations**

- 1. †Idehai, O. V., †Pindar, M., \*Bhurosy, T. (2023). Predictors, facilitators of and barriers to using campus food pantries among college students. Spring 2023 Graduate Research Day, Hofstra University, Hempstead, New York.
- 2. \*Bhurosy, T., McPartland, D., Sepulveda, I., Plotecher, M., Fragleasso, J., Hackett, M., Chaudhry, I., & Kyriacou, C. (2022). Healthy Minds, Healthy Bodies: Meeting students' needs through a food pantry and healthy snacks program. Faculty Research Day, Hofstra University, Hempstead, New York.

- 3. \*Karaye, I., †Marium, A., **Bhurosy, T.,** & Kyriacou, C. (2022). Trends in Alzheimer's disease mortality in the United States, 1999-2020: widening disparities by race and ethnicity. American Public Health Association, Boston, Massachusetts.
- 4. †Lopez-Ixta, Z. T., & \*Bhurosy, T. (2022). An exploratory salient belief elicitation of modeling plain drinking water among working parents in Guadalajara, Mexico. Society of Behavioral Medicine, Baltimore, Maryland.
- 5. \*Bhurosy, T., †Jishan, A., Boland, P., Lee, Y-H., & Heckman, C. (2022). Diagnosis and management of iron deficiency among colorectal cancer patients. Society of Behavioral Medicine, Baltimore, Maryland.
- 6. Niu, Z., **Bhurosy, T.,** Stapleton, J.L., & Heckman, C. J. (2022). Digital educational strategies to teach skin self-examination among individuals at risk for skin cancer. Society of Behavioral Medicine, Baltimore, Maryland.
- 7. **\*Bhurosy, T.** (2021). Use of health behavior theories, community-based approaches, and technology to improve nutrition. Faculty Research Day, Hosftra University, Hempstead, New York.
- 8. \*Bhurosy, T., Heckman, C. J., & Boland, P. M. (2021). An EMR-based assessment of iron deficiency anemia and iron supplementation among colorectal cancer patients in New Jersey. Cancer Center Survivorship Research Forum, Minnesota.
- 9. \*Bhurosy, T., Middlestadt, S. E., Lin, H-S., Thiagarajah, K., & Fly, A. F. (2020). Counting and receiving goal-setting instructions: Effectiveness in improving vegetable intake among college students. Virtual presentation due to cancelled conference due to COVID-19 pandemic. Society of Behavioral Medicine, San Francisco, California.
- 10. \*Niu, Z., **Bhurosy, T.,** Manne, S., Kashy, D., Heckman, C., Ritterband, L., & Coups, E. (2020). Prevalence and correlates of skin self-examination and sun protection behaviors among melanoma survivors. Society of Behavioral Medicine, San Francisco, California.
- 11. \*Heckman, C. J., Riley, M., Ohman-Strickland, P., Khavjou, O., Manne, S., Coups, E., Yaroch, A., **Bhurosy, T.,** & Glanz, K. (2019). Cost, reach, and representativeness of recruitment efforts for an online cancer prevention intervention trial. American Public Health Association, Philadelphia, Pennsylvania.
- 12. \*Bhurosy, T., & Middlestadt, S. E. (2019). Food tracking app—a useful tool to improve consumption of vegetables among college students living in dorms. Indiana Public Health Association, West Lafayette, Indiana.
- 13. **\*Bhurosy, T.,** Middlestadt, S. E., Thiagarajah, K., Fly, A. D., Lin, H-S., & He, K. (2018). Normal weight participants eat more dark green vegetables than overweight ones in a sample of women aged 35 to 65 in a Midwestern Town. American Society for Nutrition, Boston, Massachusetts.

- 14. \*Bhurosy, T., Middlestadt, S. E., Thiagarajah, K., Fly, A. D., Lin, H-S., & He, K. (2018). Salient beliefs underlying eating two under-consumed vegetable groups in a sample of middle-aged women in a Midwestern Town. American Society for Nutrition, Boston, Massachusetts.
- 15. **\*Bhurosy, T.,** & Middlestadt, S. E. (2016). Do individuals know how to accurately report one cup of dark green vegetables? Indiana Public Health Week Conference, Indiana Memorial Union, Indiana University-Bloomington, Bloomington, Indiana, USA.
- 16. **\*Bhurosy, T.,** & Thiagarajah, K. (2016). Effectiveness of the National School Lunch Program on fruit and vegetable intake among high school students. Society for Nutrition Education and Behavior Conference, San Diego, California, USA.

#### **INVITED ORAL PRESENTATIONS & WEBINARS**

- 1. Bhurosy, T. (2023). New faculty lightning talk. College of Agriculture and Life Sciences, Morrill Hall 104, University of Vermont, Burlington, VT.
- 2. **Bhurosy, T.** (2022). Eating healthy on a budget. Good Beginning for Babies Program, North Shore Child and Family Guidance Center, New York, Virtual on Zoom, USA.
- 3. **Bhurosy, T.** (2021). First Series of Hofstra's Research Mixers. Hofstra University, Hempstead, New York.
- 4. **Bhurosy, T.,** & Thiagarajah, K. (2021). A randomized mHealth trial to improve vegetable intake through counting and goal setting. Society of Nutrition Education and Behavior Fall Journal Club Webinar Series, Virtual on Zoom, USA.
- 5. **Bhurosy T.,** & Middlestadt, S. E. (2020). Use of behavioral science in designing innovative dietary interventions. Spring 2020 Seminar Series, the Department of Nutritional Sciences, Rutgers, New Brunswick, New Jersey, USA.
- 6. **Bhurosy, T.,** & Thiagarajah, K. (2017). Are all real foods nutritionally sound? Indiana University Food Summit Fall 2017, Bloomington, Indiana, USA.
- 7. Noy, S. K., Jantaraweragul, S., Chen, F., Tsai, M., Wattanaburanon, A., & **Bhurosy, T.** (2017). Health promoting schools in Taiwan and Thailand: reflection from health teachers. Health Promotion Administration, Ministry of Health and Welfare, Taiwan.

#### PANEL DISCUSSIONS

**Bhurosy, T.,** Klinger, A. E., & Piro, P.S. Powering Through Cancer Survivorship: Eating Healthy, Being Active and Exploring Mindfulness. Pathways Program, New Jersey. [Virtual]

**Bhurosy T.,** Rodriguez, J., Shei, R-J., & White, K. "Careers in Health & Life Sciences". Indiana University School of Public Health-Bloomington.

**Bhurosy, T**. Chair of Panel Discussion (Baskin, M., Carson, T., Goode, R., Gonzalez, B., & Newton Jr., R. "If you build it, they will succeed: Strategies for thriving as underrepresented minority researchers". Society of Behavioral Medicine.

#### **NEWS FEATURE ARTICLES**

- 1. **Bhurosy, T. (2023).** Advice for people who wish to be vegetarian or vegan while on a budget. https://www.oakdaleleader.com/news/four-california-cities-top-20-vegans-vegetarians/
- 2. **Bhurosy, T. (2020).** Breastfeeding is possible for cancer survivors. https://patch.com/new-jersey/newbrunswick/breastfeeding-safe-breast-cancer-survivors
- 3. **Bhurosy, T. (2019).** IU Bloomington celebrates this year's Building Bridges Award winners. https://news.iu.edu/live/news/25671-iu-bloomington-celebrates-this-years-building

## MEMBERSHIP ON THESIS/DISSERTATION COMMITTEES

#### **Committee Member**

Vanessa Wright, Master of Public Health Candidate

2023

Thesis title: "A Pilot School-Based Peer Mentorship Program to Improve Adolescent Sexual Health Education in Baltimore City, Maryland"

## **Primary Faculty Advisor**

Samantha Malvasio, Master of Public Health Candidate

2022

Thesis title: "Mandating Syphilis Testing for Young Adults in New York City: A Policy Brief"

#### **Primary Faculty Advisor**

2022

Jenny Badree, Master of Public Health Candidate

Thesis title: "A Spectrum of Support: Community Support Services for Low-Income BIPOC Adults with Autism"

## **Primary Faculty Advisor**

Farah Deshmukh, Physician and Master of Public Health Candidate

2022

Thesis title: "The Threat of Weight Loss Misinformation on Social Media: A Systematic Review"

#### **Primary Faculty Advisor**

2022

Shanayia Garib, Master of Public Health Candidate

Thesis title: "Racial Disparities in Hairy Cell Leukemia Treatment and Health Outcomes in US Adults: A Systematic Literature Review"

#### **Primary Faculty Advisor**

2022

Tiara Lowder, Master of Public Health Candidate

Thesis title: "Eat Well, Be Well Program: Promoting Nutrition Literacy in Elementary School Students in Queens, NY"

#### **Primary Faculty Advisor**

2022

Summer Williams, Master of Public Health Candidate

Thesis title: "COVID-19 Related Job Loss & Its Perceived Implications on the Mental Health of New York City Residents"

#### **GRADUATE COURSE INSTRUCTION**

Hofstra University

2021-2023

**Assistant Professor** 

MPH-204: Social and Behavioral Determinants of Health (Graduate course)

2015-2016

| MPH-205: Public Health Program Planning and Evaluation (Graduate course) MPH-209: Public Health Nutrition (Graduate course) MPH-223: Introduction to Global Health (Graduate course) MPH-231: Integrative Learning Experience (Graduate research seminar)                              |                            |
|--|----------------------------|
| Rutgers School of Public Health, Department of Epidemiology<br>Guest Lecturer for MPH students   | 2020                       |
| Indiana University School of Public Health - Bloomington Instructor of Record SPH-B589: Social & Behavioral Determinants of Health (Lab Sections) (Graduate course   | 2016-2018                  |
| UNDERGRADUATE COURSE INSTRUCTION   | 2024-                      |
| University of Vermont, Assistant Professor<br>NFS 3262 Community Nutrition (Senior-level)  | 2024-                      |
| Indiana University-Bloomington, Instructor of Record<br>SPH-H306 Men's Health<br>SPH-H180 Stress Prevention and Management   | 2018<br>2016-2018          |
| Indiana University-Bloomington, Graduate Teaching Assistant SPH-H263 Personal Health SPH-H180 Stress Prevention & Management SPH-H174 Prevention of Violence in American Society   | 2015-2016                  |
| MENTORING OF GRADUATE AND POSTDOCTORAL STUDENTS Primary Mentor, graduate student, Pindar Mbaya, Program: Master of Public Health   | 2023                       |
| Primary Mentor, graduate student, Oisemujaime Idehai, Program: Master of Public H  | Iealth 2023                |
| <b>Primary Mentor,</b> graduate student, <u>Heena Suthar</u> , Program: Master of Public Health  | 2021-2022                  |
| Mentor, graduate student, Sarah Sadik, Program: US Fulbright Program   | 2021-Present               |
| Peer Mentor, postdoctoral researcher, <u>Dr. Zhaomeng Niu</u> , tenure-track positions   | 2021-Present               |
| <b>Mentor,</b> graduate student, <u>Susan Fenker</u> , Intended graduate program: Doctor of Social Rutgers University  | l Work,<br>2020-Present    |
| <b>Informal Mentor,</b> graduate student, Sugandha Gupta, Doctoral Candidate, Health Psy Clinical Science, The Graduate Center of CUNY   | ychology &<br>2021-Present |
| <b>Co-Mentor,</b> MPH students, <u>Xiang Gao</u> , <u>Dema Kittaneh</u> , <u>Whitney-Cordoba-Grueso</u> , <u>I</u> <u>Kaschalk</u> , <u>Wyatt Beckman</u> , <u>Susan Caman</u> , for their research projects conceptualized du <i>Behavioral Determinants</i> course at IU-Bloomington |                            |

Co-Mentor, graduate student, Prakash Churitter, for his thesis on A scientific assessment of physical

activity and dietary intake among Mauritian females at the University of Mauritius

| UNDERGRADUATE MENTORING  |                      |
|--|----------------------|
| Nutrition and Food Sciences, University of Vermont Alana Harty Anita Wentworth Bryanna Gloss Paige Mull Zoe Armet  | Fall 2023            |
| OTHER SERVICE TO GRADUATE EDUCATION  |                      |
| University Graduate School, Indiana University  Graduate Emissary – Retention  | 2018-2019            |
| World Education Services, United States Student Ambassador for Graduate International Students   | 2016-2019            |
| Indiana University School of Public Health – Bloomington  Editor, Blogger, and Peer Mentor to Graduate Students, Office of Career Services   | 2015- 2018           |
| ACTIVE MEMBERSHIPS Society of Behavioral Medicine Society for Nutrition Education and Behavior   |                      |
| PROFESSIONAL DEVELOPMENT ACTIVITIES Intergroup Dialogue Workshop at the University of Vermont  | 2024                 |
|  |                      |
| Inclusive Teaching Workshop (By Drs. Viji Sathy and Kelly Hogan)   | 2023                 |
| The NRMN SETH (Strategic Empowerment Tailored for Health Equity Investigation Program  | gators)<br>2021-2022 |
| Institute for Health Grant Writing Workshop: Focus on Clinical Trials, Rutgers   | 2020-2021            |
| NRMN: Grant Writing Coaching Group, Rutgers  | 2021                 |
| Proactive, Reflexion, Empowered, Planning (PREP) Career Program, Rutgers   | 2019-2020            |
| Center for Innovative Teaching & Learning, Indiana University Bloomington<br>Graduate Teaching Apprenticeship Program – Associate Level<br>Graduate Teaching Apprenticeship Program – Practitioner Level | 2018<br>2019         |
| SERVICE TO THE UNIVERSITY  |                      |
| University of Vermont Developed and led the first Mentoring Committee for BIPOC and/or international grade students in CALS  | luate 2023-          |
| Graduate Application Review Committee for Food Systems   | 2024                 |

|  | January 2024 |
|--|--------------|
| Open House Event for Prospective Students at UVM and CALS  | 2023         |
| Advisement of undergraduate students in Nutrition and Food Sciences  | 2023-        |
| Hofstra University Creation and Management of the Dome Pride Pantry  | 2021-2023    |
| Advisement of Master of Public Health students   | 2021-2023    |
| Co-Chair, Public Health Recruitment & Student Affairs Committee  | 2022-2023    |
| Member, HPHS Global Health Committee   | 2022-2023    |
| National Public Health 8th Annual Student Film Competition, Co-Planner   | 2022         |
| SERVICE TO PROFESSION  |              |
| Ad Hoc Reviewer for Academic Journals PLoS One Translational Behavioral Medicine Frontiers in Sustainable Food Systems International Journal of Environmental Research and Public Health Journal of the American Pharmacists Association Nutrients Journal of Human Nutrition and Dietetics The Scientific World Journal Nutrition Journal | 2013-Present |
| Society of Behavioral Medicine Abstract Reviewer   | 2020-Present |
| Center for Innovative Teaching & Learning, Bloomington<br>Peer Facilitator   | 2018         |
| Society for Nutrition Education and Behavior Annual Conference<br>Abstract Reviewer  | 2017, 2022-  |
| Society for Nutrition Education & Behavior (SNEB)  Member of Newsletter Writing Committee  | 2016-2017    |