JUDITH A. CHRISTENSEN

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EDUCATION

Ph.D. in Psychology: *University of Vermont*, Burlington, Vermont

Defense: March 31, 1998, Awarded: May 17, 1998

Dissertation: "Evaluation of a Parent Education Intervention for Divorcing

Parents: The 'Helping Children Cope with Divorce' Program in

Vermont"

M.A. In Psychology: *University of Vermont*, Burlington Vermont

May 21, 1994

<u>Thesis:</u> "The Evaluation of Program Effectiveness: Application to the Woodside Juvenile Rehabilitation Center"

M.Ed. In Special Education: Boston College, Chestnut Hill, Massachusetts August, 1973

Major: Special Educators Program (A multi-disciplinary clinical program designed to enable the educator to work effectively with all major handicapping conditions. Specific areas of emphasis: emotional disturbance and learning disabilities with further experience with the deaf through a graduate assistantship at Boston College Campus School in a class of deaf, emotionally disturbed children. Also emphasized was the diagnostic process and testing.)

Minor: Early Childhood Education (with experience at the Developmental

Evaluation Clinic at Children's Hospital, Boston working in early detection and prevention techniques, evaluation, and assessment).

Honors: Recipient of graduate assistantship (full tuition with placement at

the Boston College Campus School).

B.S. in Education *Summa Cum Laude*, *Northeastern University*, Boston, Massachusetts May, 1972

<u>Major</u>: Speech Pathology and Audiology (with emphasis on language development, diagnostic techniques, and psycholinguistics with experience in teaching deaf children at Beverly School for the Deaf, Beverly, MA.)

Minor: Psychology (with experience in intake; assessment and evaluation; and

after-care planning in the Child Psychiatry Unit, Beth Israel

Hospital, Boston, MA).

Honors: Highest GPA, Division A

Sears B. Condit Award

Phi Kappa Phi National Honor Society

Kappa Delta Pi National Education Honorary

President's Award

Junior Ring Award (highest academic standing

held by a woman)

Attended the *College of Wooster*, Wooster, Ohio, from September, 1963 to January, 1966 (no degree)

Major: Children's Theater and Art

Honors: Kappa Theta Gamma Drama Honorary

Student Technician of the Little Theater

Student Director--Stage Manager, The Little Theater

High School Diploma: Washington High School, Massillon, Ohio

June, 1963

Honors: National Honor Society

National Forensic League (debating and public speaking - obtained

all degrees)

RESEARCH/PUBLICATIONS: My research is ongoing program evaluation as first proposed in my Master's Thesis (see above). Although this is research, it is not the type of research that lends itself to publication. However, both change variables by pre/post testing such as thinking dimensions, psychological factors, educational ability and achievement and outcome variables including educational level attained (high school diploma, GED, etc.) are gathered and analyzed regularly as part of the program evaluation design.

The New England Children's Mental Health Task Force (1982). Services for Disturbed and Disturbing Adolescents: Principles, Planning and Practice. Department of Health and Human Services: Boston, MA.

AWARDS:

Kroepsch-Maurice Teaching Excellence in Teaching Award: Nominated for 2013 Kroepsch-Maurice Teaching Excellence in Teaching Award: Nominated for 2016 – results not yet announced

PROFESSIONAL EXPERIENCE

<u>July 2012 to present:</u> Assistant Professor of Psychiatry, University of Vermont Medical School, Burlington, VT. Supervision and training of fourth year child and adolescent psychiatry fellows. Mentor of 2nd year UVM College of Medicine students in Public Health Projects course.

<u>June 2001 – June 2012</u>: Assistant Professor of Psychiatry, Dartmouth Medical School, Lebanon, NH. Supervision and training of fourth year child and adolescent psychiatry fellows.

<u>January 1999 - Present</u>: SENIOR LECTURER, University of Vermont, Department of Psychological Science, Burlington, VT. CURRENT: Responsible for teaching PSYS 095: TAP: Meanings of Madness; PSYS 195: Clinical Mentored Internship; PSYS 212 Cognition; and PSYS 213 Motivation.

PAST SEMESTERS: *Usual Load:* PSYC207: Cognition (formerly "Thinking") and 2 sections of PSYC206: Motivation in the Department of Psychology. *Other Courses:* PSYC109: Research Methods in Psychology I in Fall 2008, 2009 and 2010 (3 credits, 14 labs). PSYC 001: General Psychology in Fall 2004 and Spring 2005 semesters and continued on the teaching team in the 2005-06 academic year. PSYC110, Research Methods in Psychology: Statistics (4 credits, 6 labs) in Spring 2006 and 2007 semesters. Developed and implemented PSYC104: Learning, Cognition and Behavior in Fall 2006 and 2007.

<u>January 1990 – August 2015</u>: Senior Lecturer, St. Michael's College, Winooski, VT. Responsible for teaching required graduate courses GED 581: "Environmental Management of Emotionally and Behaviorally Disordered Children and Adolescents" and GED 681: "Development, Learning, and Individual Differences" and advising students in Graduate Education and Psychology Programs as well as supervision of practicum placements and numerous independent study courses on Attention Deficit Hyperactivity Disorder, Learning Disabilities, Language Processing Disorders, etc.

February 1988 – May 2013 (retired): Clinical and Educational Director, Woodside **Juvenile Rehabilitation Center**, Vermont Department for Children and Family Services (formerly Social and Rehabilitation Services), Colchester, Vermont. Management/administrative responsibilities include oversight of all treatment services; staff training; program development and evaluation; undergraduate and graduate student practicum, internship and fellowship programs and placements; and regular, special, remedial, and vocational educational services. Clinical responsibilities include clinical supervision of all staff; group, individual, and family counseling; sexual aggression counseling; and psychological, behavioral, and educational evaluation. Master's thesis on Program Evaluation Design was directly applied to establishing the effectiveness of the programs (detention and treatment) at Woodside.

October 1985 - January 1988: Chief of Program Services, Division of Social Services, Vermont Department of Social and Rehabilitation Services, Waterbury, Vermont. Management responsibilities included oversight of all community-based and substitute care services provided to children, youth and families; development of a systems framework of services including program development and implementation of specific initiatives; and management of contracting system and substitute care budget. Interdepartmental activities continued as in Program Consultant Position described below. As member of Steering Committee of the Child and Adolescent Service System Program (CASSP) and Chairperson of Needs Assessment Subcommittee, designed and assisted in conducting the first statewide assessment of service needs for children and adolescents and worked on first two System of Care Plans for the Department of Education, Mental Health, and Social and Rehabilitation Services and coordinated with Education and Mental Health on the development and implementation of new initiatives. Serviced on the Family Procedures Advisory Committee (FPAC) which developed the Vermont Family Court System, as well as specific work on developing codified standards for making contested custody decisions. Developed the plan for Casework Review in Vermont and presented at several national conferences. Managed and supervised the Program Services Unit with responsibility for a managing a system on community treatment services, foster care system and group and residential services for children and adolescents in the care of the Department of Social and Rehabilitation Services.

January 1982 - October 1985: SRS Program Consultant and Interagency Liaison, Commissioner's Office, Vermont Department of Social and Rehabilitation Services, Waterbury, Vermont. Interagency and Intra-agency activities included research; policy and procedures development; negotiation of interagency agreements; and program and resource development for the Department. Program development included Family-Based Services Program, Sexual Aggression Treatment Protocol, Unmanageable Adolescent Community Program, Secure Treatment for Aggressive Adolescents (now the Intensive Treatment Program for Aggressive Adolescents at the Woodside Juvenile Rehabilitation

Center), Short-Term Multi-disciplinary Evaluation Services Program, and Intensive Professional Foster Care (now the Northeastern Family Institute). Member of Primary Prevention Task Force, Developmental Disabilities Council, Truancy Task Force II, Human Services Planning Division Interagency Work Group, Teacher Corps Policy Council, Interagency Committee on Mental Health of Children and Washington County Project for Female Status Offenders Steering Committee. Designed several community-based programs for Severely Emotionally Disturbed Adolescents. Oversight of the development of drug and alcohol treatment programs (individual and group-based) for adolescents and their families. Supervisor of the SRS Training Unit.

<u>November 1981</u>: Special Consultant, Maine State Department of Mental Health, Division of Children's Services and Department of Education, Division of Special Education. Evaluated five (5) state supported public school based treatment programs for seriously emotionally disturbed children and adolescents.

September 1981 to 1995: (Group disbanded) Vermont Representative, New England Children's Mental Health Task Force, Boston, Massachusetts. Research and development of special publications and media on current children's mental health issues. Contributed to a publication on interagency approaches to meeting the needs of seriously emotionally disturbed adolescents. Participated in projects focused on children aged 0 to 5 in at-risk families. Primary prevention activities include development a film for at-risk mothers on infant care and a series of TV spots on a variety of family problems with specific information on where to get help.

June 1979 to January 1982: State Consultant for Emotionally Disturbed Children and Technical Assistance and Evaluation Consultant, Department of Education, Montpelier, Vermont. Administrative duties included monitoring activities in school districts and technical assistance to Special Education Coordinators, Principals and Superintendents in the field. Liaison to Department of Mental Health and Department of Social and Rehabilitation Services included the development of interagency agreements and program development. Participated in policy development within the Division as well as in the Department of Mental Health as a member of two sub-committees of the 5 Year Plan for Mental Health. Worked on developing an interagency management system to establish an incidence rate for emotional disturbance for Vermont and to establish a case management system at the local level when there is multiple agency involvement in particular cases.

Society, Burlington, Vermont. Administrative duties included the development of an organizational structure; the development and implementation of operating policies and procedures; budget development; public relations; fund raising; and children's programming (including the free field trip programs offered to area schools) at the Nature Center in Huntington. Duties included supervision of staff members and student interns from the University of Vermont.

<u>September 1976 to June 1977</u>: Resource Teacher and Consultant, Arlington Public Schools, Arlington, MA. Organized and supervised the development of a program for seriously emotionally disturbed children within a public school setting. Responsible for diagnostic evaluations and case management as a member of the Learning Team

(including education, psychology and social work services), saw children individually and in small groups for counseling and academic programming, supervised staff members and interns from area colleges and universities and served as a consultant to regular classroom teachers. Served as Acting Principal and was Chairman of the Positive Behavioral Rewards Committee which initiated several programs to promote behaviors in a school setting.

<u>July 1976</u>: Pre-school Program, Drumlin Farm, Massachusetts Audubon Society, Lincoln, MA. Responsible for the development of children's programming and other special fund raising activities at the Farm. (These latter activities were organized and carried out over a three year period and included the major Festivals held seasonally.)

July 1974 to June 1976: Clinical Educator and Diagnostician, Psychoeducation Unit, Hall Mercer, McLean Hospital, 115 Mill Street, Belmont, MA. In addition to diagnostic responsibilities for the inpatient unit which also included case management, after care planning and supervision of a diagnostic classroom for severely emotionally disturbed and learning disabled children and supervision of an Assistant Clinical Educator and student interns, also served on the Outpatient Testing team (interdisciplinary) and the Clinical Service Committee (policy making and organizational management).

<u>June to July 1974</u>: Special Education Consultant and Reading Teacher, Title I Summer Project, Hyannis, MA. Developed management system for program and supervised teachers working with behaviorally disordered children.

<u>January to July 1974</u>: Instructor, Lesley College, Cambridge, MA. Taught graduate courses on etiology, diagnosis and management of emotional disturbance and early childhood on Cape Cod as part of Lesley College outreach education. My affiliation continued until my move from Massachusetts to Vermont. I supervised graduates students on independent study projects.

<u>September 1973 to June 1974</u>: Resource Room Teacher, Barnstable Public Schools, Hyannis, MA. Initiated and developed the first diagnostic prescriptive resource room program in the system.

<u>September to October 1973</u>: Diagnostician/teacher, Pre-school Screening and Prevention Program, Elmira Psychiatric Center, Elmira, NY (Developed program which could not be implemented because public funding was discontinued.)

<u>September 1972 to August 1973</u>: Graduate Assistantship, Boston College Placements included the following:

Rotation at the Development Evaluation Clinic, Children's Hospital. Duties included case management and evaluations of patients in the clinic.

Boston College Campus School for Multihandicapped children. Assistant teacher and diagnostician with deaf, emotionally disturbed children as well as deaf-blind, mentally retarded, and physically handicapped children. Duties included assessment, evaluation, teaching and program design and implementation.

Lexington Public Schools. Learning Disabilities Specialist. Duties included

assessment and evaluation, development and implementation of individual interventions and in-service training.

<u>March 1972 to September 1972</u>: Referral Intake Worker and Administrative Assistant, Child Psychiatry Unit, Beth Israel Hospital, Boston, MA. Developed intake management system, coordinated programming and scheduling for psychiatry and psychology electives. Established first emergency hot line for mental health problems and questions.

September 1968 to March 1972: Northeastern University Cooperative Work Placements:

Organizer/Workshop Leader, Summerthing (Boston's neighborhood arts program) specializing in drama and arts and crafts. Program design and implementation. Supervision of workshop assistants.

Referral Intake Worker and Secretary, Child Psychiatry Unit, Beth Israel Hospital, Boston, MA (see above).

Cage Cashier, Glore Forgan, Wm. R. Staats, Inc., Boston, MA., management of all stock and bond transactions.

April 1967 to September 1968: Assistant Municipal Bond Manager, Glore Forgan, Wm. R. Staats, Inc., Boston, MA. Managed extensive bond and mutual fund portfolios, supervised staff, developed and represented company bids. Member of Women's Bond Club of Boston.

<u>January 1966 to April 1967</u>: Billing Operations Assistant, Estabrook and Co., Boston, MA.

<u>January 1966 to September 1968</u>: Stage Manager/Technician-Scene Designer, Hub Theater Center, Boston, MA., semi-professional repertory theater company.

<u>Summer 1964 and 1965</u>: Director of Drama, Quinibeck Camp, Lake Fairlee, Ely, Vermont.

PROFESSIONAL PRESENTATIONS

Workshop: June 1, 2011, UDL @ UVM: "UDL as Framework for Professional Development." Davis Center, UVM, Burlington, VT.

<u>Training:</u> July 21, 2010, VT Department for Children and Families/Woodside: "Introduction to Autism Spectrum Disorders in Adolescents." Colchester, VT.

Workshop: October 23, 2009, University of Vermont Fall Institute on Racism, Heterosexism, Bias and Oppression: Visible and Invisible Stigma entitled "Stick and Stones: Breaking the Bones of DSM Nomenclature to Better Understand Adolescent Anxiety," Burlington, Vermont.

<u>Workshop:</u> April 27, 2009. VT Department for Children and Families Youth Justice Services Training Day: "Psychological Evaluations: How to Get Your Questions Answered." Rutland, VT.

<u>Training Presentation:</u> November 16, 2007, Vermont Coalition of Residential Programs (VCORP): "Anxiety and Attachment in Adolescents: An Attachment Theory Perspective." Rutland, VT.

Symposium: October 25, 2005, University of Vermont Fall Institute on Racism,

Heterosexism, Bias and Oppression: "Stereotyped Thinking in Teenagers Regarding Race, Gender, and Sexual Orientation: The Woodside Experience," Burlington, VT

<u>Training presentation</u>: May 1, 2004, Sponsored by the Vermont Foster and Adoptive Parent Family Association, "Dealing with Disruptive and Difficult Behaviors" and "A Dialogue with Vermont Residential Care Providers," Burlington, VT.

<u>Lunch Hour Lecture</u>: October 23, 2003, University of Vermont Fall Institute on Racism, Heterosexism, Bias and Oppression: Racial Tensions in the Juvenile Justice System: The Woodside Experience." Burlington, VT.

<u>Training presentation</u>: June 12, 2003, Annual Vermont Defender General's Summer Retreat: "How to Interview the Difficult Adolescent," South Burlington, VT.

<u>Training presentation</u>: May 19, 2003, Sponsored by the University of Vermont Foster and Adoptive Parent Training Partnership and the Vermont Child Welfare Interagency Training Committee. "Adolescent Depression and Anxiety," Colchester, VT.

<u>Training and consultation</u>: July, 2000, University of Aarhus Department of Psychology: "Cognitive-Behavioral Theory and Methods: Applications for Children, Adolescents and Their Families." Aarhus, Denmark.

Roundtable presentation: April 1, 1999, University of Vermont, Department of Psychology, Psychology Challenges Biased Behavior Forum, "Cultural Competency: Challenges for Mental Health Professionals in Cross Cultural Settings" Burlington, VT

Paper presentation: November 15, 1999, 61st Annual National Council on Family Relations Conference: "Border, Boundaries, and Beacons: Diverse Families in Dynamic Societies," Irvine, California. Evaluation of Vermont's court-mandated education program for separating parents.

Workshop presentation: September 24, 1999, Vermont Psychological Association Annual Conference: "Caring for Kids," Colchester, VT. Meeting the mental health needs of delinquent children and adolescents.

<u>Poster presentation</u>: June 6, 1985, Vermont Conference on the Primary Prevention of Psychopathology, Burlington, VT. Implementation and evaluation of a home day care child abuse prevention program. Elizabeth D. Gibbs, Lynne A. Bond, Phil Zunder & Judith Candido, University of Vermont and Vermont Department of Social & Rehabilitation Services.

Workshop presentation: September 18, 1984, The Fifth International Congress on Child Abuse and Neglect, Montreal, Quebec, Canada. The creation and evaluation of part-time neighborhood daycare and parent support program for high-risk families. E.D. Gibbs, J. Burchard, J. Goldhaber, T. Martin & J. Candido, University of Vermont and Vermont Department of Social & Rehabilitation Services.

Licensure

Vermont:

Special Education Coordinator (lapsed)

General Elementary K-6 Learning Specialist/Consulting Teacher (lapsed)

Teacher of Handicapped Children K-12 (lapsed)

License eligibility: Clinical Psychologist - Doctoral upon completion of licensing requirements

Civic Activities and Awards:

Rotary Youth Leadership Award (RYLA) Director, Rotary District 7850: 2011 - present Paul Harris Fellow Award, Rotary International, 2012 Silver Beaver Award, Boy Scouts of America, 2006

Member, Charlotte-Shelburne Rotary, District 7850

Founder in 1979 and Chairperson of the annual <u>Shelburne Farms Harvest Festival</u> Steward of Shelburne Farms

Council Activities Chair, <u>Green Mountain Council – Boy Scouts of America</u> (2007 – present)

Contributing writer, former part owner: **Shelburne News**

Board Member, <u>Gardenside Townhouse Association</u>, (President: 2003 – 2006; 2016-present)

Missions Committee, Capital Campaign Committee, <u>Shelburne United Methodist Church</u> District Committee Chair, <u>District 6 - Boy Scouts of America</u> (2001 - 2007)

Troop Committee, <u>Shelburne Troop 602 - Boy Scouts of America</u>, (Chair: 1999 - present) Former Board Member, Vermont Mozart Festival

Former Assistant Cubmaster, Webelos Den Leader: <u>Cub Scout Pack 607</u>, Shelburne Chair and Organizer: Chicken Pie Supper and Maple Madness Ham Supper: <u>Shelburne</u> United Methodist Church: (2000 – 2010)

Former Planning Commission Member, Shelburne, VT

Former Board Member, Shelburne Board of Selectmen, Shelburne, VT

Former Board Member, Champlain Valley Folk Festival

Former Board Member, Green Mountain Audubon Society